

## Hiking and Biking

*Total length of Fort Henry Trails: ~30 miles*

### Artillery Trail | Yellow 17, 18, 20, 4 | 4.6 mi

Follows historic wagon road used by Ulysses Grant and his troops heading to Fort Donelson. Begins at Telegraph Trail and gradually rises in elevation. Flattens out along ridgeline then drops to meet Peytona Trail.

### Devils Backbone Trail | Blue 5, 19, 18 | 1.6 mi

Follows along a ridge overlooking opposing hollows. In places, the knife-edge ridge is barely wider than the trail itself. Look for mountain laurel on the bluffs.

### Peytona Trail | Yellow 11, 15-17 | 3.9 mi

Pass along old home sites and beaver dams. You may notice remnants of the 1800's iron industry.

### Pickett Loop | Blue 23, 24, 26 | 2.2 mi

Pass along old home sites and offers views of Kentucky Lake. It can be easily accessed at the Fort Henry Trailhead or Boswell Landing Campground.

### Piney Trail | Red 20-22 | 2.3 mi

Access from Piney Campground. Starts in bottomland and ascends to a ridge top to meet the Volunteer Trail, as well as General Grant's historic route, the Artillery Trail.

### Telegraph Trail | Red 1-14 | 7.5 mi

Longest trail in Fort Henry Trail System and connects with other system trails. Follows along stream sides and creeks, climbs ridges, then heads back down along the streams. Old home sites, cemeteries, springs (seasonal), and beaver dams.

### Tennessee Ridge Trail | Blue 9, 16 | 1.8 mi

Easy trail traces the physical divide between the Cumberland and Tennessee River watersheds. Lays farthest interior, providing the best opportunities for solitude.

### Volunteer Trail | Yellow 2, 21 | 2.2 mi

Travel through bottomland hardwoods. Connects Telegraph and Piney Trails.

### Water is not available on trails.

Springs are not reliable. Bring water or filter lake water. Potable water is available at South Welcome Station and Piney Campground.

[www.landbetweenthe lakes.us](http://www.landbetweenthe lakes.us)

## Trail Rules

1. For your safety, all overnight backpackers must register at South Welcome Station Trailhead. Tell family or friends your location. Cell service is unreliable.
2. Campfires permitted in previously used sites except during high fire danger. Dead or down wood may be used for fuel. Attend fire at all times and completely extinguish before leaving.
3. Respect the Resource
  - Camp at least 50 feet from marked trail. Bury all human waste 200 feet from marked trail.
  - Leave plants, flowers, and historic items behind for others to enjoy.
  - Do not harass wildlife; stay far enough away to keep you safe.
  - Use low-impact techniques. Please stay on trails to prevent soil erosion, even through wet areas.
  - Pack out all garbage. Recycle bins located at Golden Pond Visitor Center, Homeplace, Nature Station, and North & South Welcome Stations.
  - Motor vehicles prohibited except approved organized events.
5. Firearms are prohibited.
6. Pets must be on a leash of six feet or less and under physical control at all times. Pet waste must be disposed of properly by owners.
7. Call Before You Haul: Check trail conditions at 270.924.2000 or visit our official website at [www.landbetweenthe lakes.us/alerts-notice s](http://www.landbetweenthe lakes.us/alerts-notice s).
8. You are responsible for your own safety. Inherent risks exist. Be prepared for a variety of unexpected and dangerous conditions.
  - Protect yourself from Lone Star and American Dog ticks; primarily from March through October. Insect repellent available in gift shops.
  - Be familiar with poison ivy and avoid it. Leaves of three; let it be.
  - **Springs are not reliable.** Properly treat all trailside water before consuming. Potable water at South Welcome Station and Piney Campground.
  - For 24-hour dispatch, call 1.877.861.2457.
  - **Call 9-1-1 in an emergency.**

## Fort Henry Trails

# Land Between the Lakes



## National Recreation Area Kentucky | Tennessee



The Fort Henry Trails System, located in the Tennessee portion of Land Between the Lakes, offers some of the most scenic forest settings in the area.

The system consists of nearly 30 miles of trail through forest uplands and bottomlands. View maple, ash, and sweetgum bottoms, mature oak-hickory uplands, and native shortleaf pine stands. Hike along historic routes used by General Grant's Civil War troops as they moved from Fort Henry to Fort Donelson.

This trail system offers several opportunities for hiking and biking—you can make your own loop, short or long, connect to the North/South Trail, or even hike the entire length and enjoy the solitude.

For more information on wildlife viewing and other outdoor activities, check out our official website at [www.landbetweenthe lakes.us](http://www.landbetweenthe lakes.us) under *See and Do*.

**Have fun. Be safe.  
Respect the Resource.**





# Fort Henry Trail System

## Trail Access

- FS Road 232
- South Welcome
- Boswell Landing
- Piney Campground

## Trail Markings

- Blue
- Yellow | Includes connectors
- Red

## Difficulty

- Easy-Moderate
- 250+ foot change in elevation
- ~ 30 miles of footpaths, logging roads, and gravel roads

## Best Seasons

- Spring
- Fall

## Facilities

- Parking
- Accessible restrooms
- Picnic area with grills

Water not available on trails. Springs not reliable.

Bring water or filter.

Potable water at South Welcome Station or Piney Campground.

